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Wednesday, April 21, 2010

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Land ownership challenge

■ **K Gurunathan**

Kapiti Coast District Council's ownership of about 13 hectares in the strategic block of land known as the Paraparaumu Town Centre is being challenged by a Maori trust.

Ngahina Trust has filed a High Court case scheduled to be heard on May 10.

The trust claims the land was acquired under the Public Works Act in 1981 for specific public works but was not all used for the said purposes. It claims the land should have been offered back to the original owners in 1995/6 when council agreed to use it for commercial development.

Ngahina Trust is a major shareholder in the district's mover and shaker, Coastlands Shoppingtown.

The disputed land includes the site for the proposed \$23m Aquatic Centre. Earlier town centre plans included other civic amenities like an arts/performance centre, recreation centre and also plans for

The statement of claim identifies eight people as plaintiffs including three Paraparaumu residents: retired workman Te Akerama Taika, retired motelier Hari Rangikauwhata Jackson and retired bus driver Dennis Eruiti Taylor.

The High Court documents show the 13.4 hectare land taken under the Public Works Act was bought by Kapiti Borough Council for \$90,000. It was specifically for a Civic Centre, extension of Rimu Road and an "isolation strip". But in July 1988, in breach of the Act, the Borough Council sold off part of the land to a commercial venture, Radio Horowhenua Ltd.

The 1989 local government amalgamation saw Kapiti Coast District Council take over the Borough Council's responsibilities. In October 1995 the council entered into an agreement to sell the remaining land to the Kapiti Coast Enterprise Trust for commercial and retail development. Mayor Brett Ambler's council unani-

Heading to Gallipoli



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Inside



Busting out

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I can't see all the businesses here - spell with a micron.

In Rimu Road, Paraparaumu.

Your body weight with each step.

Swimsuits for the bigger bust



LARGER FIT: Sonsie Swimwear's Maree Smith, marketing swimwear for large-breasted women.

■ Andrew Bonallack

Women with big boobs? It's a niche market, according to Maree Smith, Raumati Beach. Ms Smith is the creator of Sonsie Swimwear, a three-year-old company specialising in swimsuits for woman with large breast sizes. A HR consultant and business coach, she had always wanted to do her own product-based business involving clothing, but had not pinned down her product.

She says she had a revelation moment in the middle of the night. "It's personal experience with me - I have big boobs, and there isn't much out there at all." She went to pattern-making classes and emerged with designs. Her web-based company, Sonsie Swimwear, now serves clients in both New Zealand and America - handy for opposite summers. She also has a stall at the Frank Kitts Saturday Market in

Wellington. She says women love the product. "Those who have this size think, oh thank God." Ms Smith is now branching out into merino products, such as cowl scarves, as something for the winter market. "I love the creativity of this, and doing it on the web," she says. As a business coach, she has two pieces of advice for anyone else wanting to market their idea.

Photo by: Andrew Bonallack / RW Swimsuit 130310

"One is, go for it, you will have a ball. The second one is don't look now, but it will be 10 times as hard and 10 times as expensive as you think. "But don't let that put you off."

More info:

■ See www.sonsie-swimwear.com or check out the Frank Kitts Saturday Market in Wellington, 10am to 4pm.

Hip pain is often difficult to localise to a particular structure in or around the hip. Pain is often felt in the front, groin, side or posterior buttock but can radiate down the thigh, calf or even into the low back. Limping is how the body compensates with hip pain by placing as little weight on the ground with each step. Unfortunately limping places abnormal pressure onto other structures in the body and may create secondary pain problems.

There are several common causes of hip pain. The joint itself can have worn and inflamed cartilage. The muscle tendons attaching around the hip joint can be strained. Bursa (fluid filled sacs) allow muscle and tendon to glide more easily around the hip and can become inflamed and swollen. The back can also refer pain into the hip and mimic hip pain.

Case Study: Peter was in his sixties and had two knee replacements and continued to suffer from knee pain despite the knee joint replacements. Despite trying many therapies after the knee replacement the pain continued. The knee replacements were checked and found to be within normal limits.

Examination revealed some restriction of motion of the hip joints with pain at the end range of motion, X rays of the hips revealed wearing of the hip joints (osteoarthritis). The hips were referring pain to his knees and he underwent bilateral hip replacements that solved the knee pain.

■ Dr Giresh Kanji (MbChB, PGDip MusMed, FRNZCGP, PGDip BusInfo, FAFMM, MMgt) Musculoskeletal Pain Specialist Wellington Pain and Headache Clinic Southern Cross Hospital 90 Hanson St, Newtown, Wellington. www.painclinic.co.nz

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